

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Breakfast
Breakfast Pizza
Fruit & Juice

Lunch
Beef Nachos
W/ Cheese Sauce
Black Beans
Fruit

2

Breakfast
Sausage & Rice
Daily Fruit

Lunch
Chicken Corn Dog
Garden Salad
Assorted Fruit

3

Breakfast
Breakfast on a Stick
Fruit & Juice

Lunch
Chili w/ Hot Dog
Rice
Daily Vegetable
Fruit

4

Breakfast
Bagel & Cream Cheese
Fruit

Lunch
Cheese Pizza
Daily Vegetable
Fruit

A Variety of Fruits and Vegetables are offered weekly including Fresh, Frozen and Canned

7

Breakfast
Stuffed Bagel
Fruit

Lunch
Pasta w/ Meat Sauce
Fruit
Daily Vegetable

8

Breakfast
Biscuit Breakfast Sandwich
W/ Bacon and Egg
Daily Fruit & Juice

Lunch
Pork Carnitas
Spanish Rice
Fruit & Vegetable

9

Breakfast
French Toast Sticks
Fruit

Lunch
Salisbury Steak
Rice
Fruit & Vegetables

10

Breakfast
Mini Pancakes
Fruit & Juice

Lunch
Drumstick
Red Rice
Cucumber Salad
Fruit

11

Breakfast
Fried Rice w/ Ham & Egg
Fruit

Dip it Lunch
Cheesy Breadsticks
Marinara Sauce
Baby Carrots w/ Ranch
Fruit

Cold Cereal is offered daily as a 2nd breakfast Option (instead of the menu item)

14

Breakfast
Blueberry Muffin
Fruit

Lunch
Breaded Chicken Burger
Potato Wedges
Fruit

15

Breakfast
Breakfast on a Stick
Fruit & Juice

Lunch
Chicken Nuggets
Rice & Beans
Fruit

16

Breakfast
Breakfast Pizza
Fruit

Lunch
Orange Chicken
w/ Rice
Caesar Salad
Daily Fruit

17

Breakfast
Apple Frudel
Fruit & Juice

Lunch
Eggless Loco Moco
Vegetable
Daily Fruit

18

Breakfast
Chicken on a Biscuit
Fruit

Lunch
Pepperoni Pizza
Assorted Vegetable
Fruit

All meals meet USDA requirements for Healthy, Hunger Free Children

21

Breakfast
Stuffed Bagel
Fruit

Lunch
Cheese Burger
Baby Carrots & Ranch
Fruit

22

Breakfast
Breakfast Sandwich w/
Sausage & Cheese
Fruit & Juice

Lunch
Chicken Strips
Spanish Rice & Beans
Fruit

23

Breakfast
Cheese Omelet
Rice
Daily Fruit

Lunch
BBQ Pork Sandwich
Daily Vegetable
Fruit

24

Breakfast
Mini Pancakes
Fruit & Juice

Lunch
Bistek
Rice
Vegetable
Fruit

25

Breakfast
Benefit Bar
Fruit

Lunch
Popcorn Chicken Bowl
Mashed Potato & Gravy
Dinner Roll
Fruit

At lunch, you are required to take a fruit or vegetable and at least 2 other items (Milk is optional)

28

Breakfast
Muffin
Fruit

Lunch
Swedish Meatballs & Rice
Daily Vegetables
Fruit

29

Breakfast
Breakfast Pizza
Fruit & Juice

Lunch
Beef Nachos
w/ Cheese Sauce
Black Beans
Fruit

30

Breakfast
Pork Sausage & Rice
Fruit

Lunch
Chicken Corn Dog
Salad
Fruit

31

Breakfast
Breakfast on a Stick
Fruit & Juice

Lunch
Chili w/ Hot Dog
Rice
Vegetable & Fruit
Halloween Treat
Baked Cheetos

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